

**Exploring perspectives of activity-based therapies for the spinal cord injury  
(SCI) community (GU Ref No: 2019/159)**

**Participant information sheet**

**Chief investigators**

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## **Why is this research being conducted**

The purpose of this study is to build upon our previous work (GU Ref No: 2018/536) to now investigate the perceived factors that may impact patients' adherence to sustained activity-based therapy programs.

Therefore the objective of this particular study is to collate and analyse survey feedback from spinal cord injured (SCI) persons and/or their carers to develop comprehensive educational tools.

## **What you are being asked to do**

Participants will be asked to partake in a short 15-20min online survey. Quantitative responses (age, type of injury, time since injury, perceptions of activity-based therapies) will remain anonymous.

## **The expected benefits of the research**

It is expected that this research will identify potential factors that may influence SCI patient's adherence to activity-based therapies. Research results will be disseminated via journal articles and/or conference presentations, and may also be made available via the PCSCRF and Spinal Life Australia websites.

## **Your confidentiality**

All the information about your participation in this study will be kept confidential. You do not need to provide your name or any other identifying information. All research data (survey responses and analysis) will be retained in a password protected electronic file at Griffith University for a period of five years before being destroyed

## **Your participation is voluntary**

Your participation is voluntary and you do not need to answer any question unless you wish to do so. If you decide not to participate you can be assured that this decision will in no way impact upon your relationship with the University. The survey will be anonymous and all information collected will be unidentifiable.

## **Risks to you**

There are no foreseeable risks in involvement in this research.

## **Questions / further information**

If you require more information about this project, you may contact Dr Michael Todorovic on the number and email provided on the front page. Participants that wish to view the results from this study can request to do so via email request.

## **The ethical conduct of this research**

Griffith University conducts research in accordance with the *National Statement on Ethical Conduct in Research Involving Humans*. If participants have any concerns or complaints about the ethical conduct of the research project they should contact the Manager, Research Ethics to +61 7 3735 4375 or [research-ethics@griffith.edu.au](mailto:research-ethics@griffith.edu.au). This study has been funded by the Motor Accident Insurance Commission.

## **Exploring perspectives of activity-based therapies for the spinal cord injury community (GU Ref No: 2019/159)**

I confirm that I have read and understood the information package and in particular have noted that:

- I understand that my involvement in this research will include participation in an online survey
- I am over the age of 18 years
- I have had any questions answered to my satisfaction
- I understand the risks involved
- I understand that my participation is voluntary
- I understand that if I have any additional questions I can contact the research team
- I understand that I am free to withdraw at any time, without comment or penalty
- I understand that I can contact the Manager, Research Ethics, at Griffith University Human Research Ethics Committee on (+61 7 3735 4375 or [research-ethics@griffith.edu.au](mailto:research-ethics@griffith.edu.au)), if I have any concerns about the ethical conduct of this project, and
- I agree to participate in the project.

**Completion of this survey will be taken as your consent to participate in the research.**